

MRS. T. LINDA LALCHHINGPUII

Head of Department & Assistant Professor
Department of Nutrition & Dietetics
Regional Institute of Paramedical and Nursing Sciences (RIPANS)
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Teaching Experience: 28 Years

Professional Profile

Mrs. T. Linda Lalchhingpuii is an Assistant Professor and presently serves as the Head of the Department of Nutrition & Dietetics, RIPANS. She has 28 years of teaching experience in the field of Nutrition, Dietetics and allied health sciences.

She has been associated with RIPANS since 1998, initially as a Visiting Faculty, and was regularized in service on 23 February 2000. She has been actively involved in teaching, academic administration, curriculum-related activities and the development of Nutrition & Dietetics programmes at the Institute.

Academic Qualifications

M.Sc. (Foods and Nutrition) – Banasthali Vidyapith, 1997

B.Sc. (Home Science) – Banasthali Vidyapith, 1995

Ph.D. Scholar – Department of Applied Biology (Food Science and Technology), University of Science and Technology Meghalaya (USTM), Meghalaya

Area of Specialization- Foods and Nutrition.

Academic & Professional Responsibilities

- ✓ Head of Department (In-charge), Department of Nutrition & Dietetics, RIPANS, since March 2025.
- ✓ Nodal Officer/In-charge for the establishment of the Post Graduate Diploma in Nutrition & Dietetics programme at RIPANS.
- ✓ Nodal Officer/In-charge for the establishment of the Bachelor of Nutrition & Dietetics (Honours) programme at RIPANS.
- ✓ Member, Ad-hoc Board of Studies in Nutrition & Dietetics, Mizoram University, 2026.
- ✓ Member, Moderation Board for P.G. Diploma in Nutrition & Dietetics Examination, 2025–2026.
- ✓ Member, State-Level Coordination Committee on Mid-Day Meal/PM POSHAN, Government of Mizoram.

Professional Membership

Founder Vice-President, Nutrition & Dietetics Society of Mizoram; presently serving as an Executive Member.

Resource Person

Resource Person at MHIP Day Seminar on “Way to Healthy Food”, 2002.

Resource Person for District-Level Orientation, District-Level Training and State-Level Training of Trainers Programme on Homoeopathy for Mother and Child Care, organized by the AYUSH Department, Directorate of Health Services, Government of Mizoram, in collaboration with the Central Council for Research in Homoeopathy, 2011.

Selected Refresher Courses, Workshops & Conferences

UGC-Sponsored Refresher Course in Home Science, Directorate of Higher & Technical Education, Government of Mizoram, 2001.

UGC Refresher Course, Mizoram University, 2005.

Workshop on Capacity Building of Young Scientists for Nutrition Research, jointly organized by ICMR, New Delhi and NIPCCD, Guwahati, 2005.

North-East Research Scholars Conclave, University of Science and Technology Meghalaya, 2022.

Two-Day National Workshop on Scientific Writing and One-Day CME, organized by RIPANS & DHR/ICMR, 2026 – Advisory Committee Member and Participant.

Publication

Authored the article “Ei Ieh In Hriselna Atan”, published in the Mizoram Government Doctors Association (MGDA) Magazine, 2011.